

# Instructional Coaching Academy

The Instructional Coaching Academy equips new coaches with the core foundations of effective coaching. Participants will explore key practices, actively apply coaching moves within a structured cycle and develop critical skills like active listening, paraphrasing and asking effective questions. The course also emphasizes building communication strategies, reflective habits and collaboration for ongoing growth in the coaching role.





#### Where

Heartland AEA Johnston Regional Education Center 6500 Corporate Drive, Iohnston

### Registration

bit.ly/ICAcademyHAEA Session ID: 45780

#### Contact

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## **Objectives**

Participants will gain:

- A clear understanding of the three coaching stances and when to use each.
- Mastery of foundational coaching elements:
  - Way of Being: Cultivating the mindset and presence to build trust and relationships.
  - Coaching Skills: Developing the core skills to guide and challenge educator growth.
  - Coaching Process: Understanding the steps of an effective coaching cycle.
- A solid grasp of the coaching cycle and how to implement it in various school contexts.
- Exposure to different coaching models and how to adapt them to their school or district.
- Opportunities for reflection and feedback to build confidence, facilitate growth and lead instructional change.





