# Bullying Prevention

How do we create safe spaces for all?

According to the National Bullying Prevention Center, 1 out of 5 students has reported bullying.

Bullying is a relationship conflict that can lead to anxiety, depression, sleep difficulties and lower academic achievement.

Heartland AEA consultants support your district in creating safe and welcoming school climates by working to understand the scope of the problem and partner to implement proactive practices to prevent bullying from happening in your school.



# **Supports Offered to Create Proactive Solutions**

- Review of school climate and culture data to determine the scope of the problem.
- Facilitation of focus groups of students, staff and families to hear perspectives of the issues and potential solutions.
- Strategic action planning including a student leadership team to provide insight and champion the work.
- Learning for staff, students and families around the definition of bullying, what it isn't, how to report it, and how to handle it if it happens to them.
- Knowledge around intensive interventions for students who are the 'aggressor' in bullying relationships.



# **Contact Us Today!**

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### **Targeted Plan**

Through a needs assessment and understanding the climate/culture of the building, a targeted plan is collaboratively developed.



## Common Learning

Bullying at its core is a relationship issue. Common learning takes place to ensure your stakeholders have a common definition and approach.



### **Embedded Support**

Provide your team with individualized, ongoing support throughout the school year, helping them grow and reach their goals.

